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Gather up the Crumbs

From Marel Rogers, Junior Warden

There's lots more to explore in the Book of Common Prayer. One section we use more than any other is The Holy Eucharist, which comes in 2 versions: Rite I and Rite II. 8:30 worshipers use Rite I on the first Sunday of each month, 10:30 worshipers never hear it.

The obvious difference between the liturgies is the language. Rite I uses Thee and Thy, and the Holy Spirit is the Holy Ghost. Then, just after the breaking of the bread, there is a prayer that is only offered in Rite I.

The Prayer of Humble Access is optional, but those of us of a certain age will recognize it from the days of the 1928 BCP:

"We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen."

The phrase 'gather up the crumbs' alludes to the story in Mark's Gospel (7:28) where a Greek woman asks Jesus to heal her daughter, and when he says that the children should be fed before the dogs, she counters that even the dogs can eat the crumbs dropped by the children. The prayer then reminds worshippers that the Lord always has mercy, and asks that we be welcome to partake of the body and blood of Christ. "The Prayer of Humble Access also teaches that receiving the body and blood of Christ is a gift, a grace granted to us. We do not "take" the communion; we "receive" it because it is a gift." (*The Anglican Pastor*).

There has been a lot of ink spilt over the split between the body and blood of Christ and our bodies and souls, and harkens back to a time when there was much more attention to what a sacrament does: bread for the body, wine for the soul. Perhaps at the time of the writing of this prayer sacraments were thought to have a real and obvious effect, and not be a memorial moment. But I am not learned enough to do anything save assure you, gentle readers, that receiving one 'kind' of communion is a complete communion.

Earlier in Rite I worshipers pray "And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee ..." May we all, as we approach the communion rail, know of the gift we are about to receive, whether we have prayed with a "thee" or a "you

The 2024 Tag Sale Season is Underway!



The Parish Hall is filling up with donations (thank you!) and volunteers are busy sorting and arranging those donations into areas to display china, glassware, kitchen tools and linens. Furniture is being packed into the storage POD until the tent arrives on Jul 31.

Donations, both boxed household items and furniture, can be dropped off at the Parish Hall between 10 am and 2 pm Monday, Wednesday and Friday from July 1-29th. A few reminders:

- All donations should be clean and in working order. If you wouldn't buy it, we can't sell it.
- Bulky items may be picked up by appointment. Some items will not be accepted:
 - Mattresses

- Bed frames, including headboards
 - Upholstered furniture
 - Armoires, hutches and TV console stations.
-
- Please call Bob McDowell at 860-488-1635 to make an appointment for pickups.
 - Questions? Please call Marel Rogers at 860-364-0635.

The Tag Sale is an opportunity for us to work together with the surrounding community and share the joy that is so much a part of St. Andrews. We look forward to hearing from anyone interested in helping with this annual time of working together with a lot of laughter and fellowship.

Thank you,
Marel Rogers
Sue Edgerly
Kathy Fricker

Help Unload the Tag Sale POD on 31 July!



There's the Tour de France. There's the Running of the Bulls. But nothing compares with the Emptying of the POD!

This year the tent for the Tag Sale goes up on Wednesday, Jul 31. At 3 pm, under the direction of Kathy Fricker, Furniture Maven, the POD and garage will be divested of their contents and said chairs, tables, dressers and ottomans will be placed under the tent.

At the conclusion of this massive undertaking, pizza and beverages of varied strengths will be offered to all workers.

Please join in this Official Launch of Tag Sale 2024!!

Church School on Summer Break!



Our wonderful Church School will be taking a summer vacation! There are plans to reopen in the fall and once again be held during the 10:30 Eucharist Service.

A New Parish Directory is Now Available!



A newly updated Parish Directory is now available! With new parishioners and many changes since the last directory was published, it's a fresh format in a smaller-sized booklet.

A few directories will be available to take home after Sunday's services. If you would like a copy, please stop by the parish office or contact KC (office.sa.kent@gmail.com) if you would like a directory mailed to you.

Summer Hiatus: Cathedral Clothing Drive

Cathedral Clothing Drive Goes on Summer Hiatus

From Steve Klots: With South Kent School now on summer break, I'm going to suspend, for now, the clothing drive for the Church Street Eats feeding ministry at our cathedral. I hope I will be able to resume it in the fall.

I greatly appreciate all the support that this parish gave to this ministry, and I know the recipients of those clothes in Hartford appreciated that support as well. Many thanks!

Mark Your Calendars

This Week at St Andrew's

Sunday, 21 July:: 8:30 am

Holy Eucharist: *The Ninth Sunday after Pentecost* (spoken)

Sunday, 21 July:: 10:30 am

Holy Eucharist: *The Ninth Sunday after Pentecost* (with music)
(in-person and live-streamed)

Monday, 22 July :: 8:00 pm

LGBTQ+ A.A. meeting

Wednesday, 24 July:: 6:00 pm

Midweek Worship Service

Wednesday, 24 July :: 7:00 pm

A.A. for Women

Thursday, 25 July :: 7:00 pm

A.A. Meeting

Thursday, 25 July :: 7:00 pm

Al-Anon Meeting

Help Support the Kent Food Bank



Please help our parish family continue to support of the Kent Food Bank by sending a check in any amount to:

Kent Community Fund

P O Box 262

Kent, CT 06757

memo: Food Bank

These funds will be used to purchase vouchers for local families in need, under the direction of Kent's Social Services Director, Samantha Hasenflue. In addition, it is useful for the Director to have IGA gift cards to give to families who are in need. Please consider purchasing a card, for \$25 or \$50, and taking it to Samantha's office in Town Hall, or placing it in the offering plate, marked for the food bank.

The Kent Food Bank also accepts food donations. They are especially in need of staples such as **beans, rice, tea, coffee, sugar, nuts, hot & cold breakfast cereals, peanut butter, jellies, jams and tuna**. Make certain that the 'Best by ...' dates are not past! Please remember that the Food Bank accepts pet foods as well!

You may drop off food items on Fridays from 10:00 am - 12:00 noon in the back of the Community House on Main Street.

Lectons for this Week

The Ninth Sunday after Pentecost *Year B*

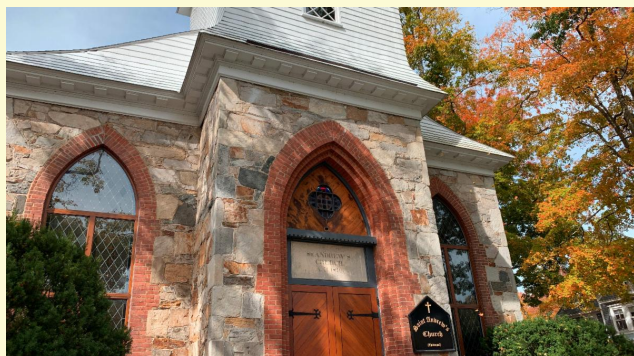
2 Samuel 7:1-14a
Psalm 89:20-37
Ephesians 2:11-22
Mark 6:30-34,53-56



Worship Services

**-Sunday-
Holy Eucharist**
8.30 a.m. & 10.30 a.m.

In person
(10.30 a.m. available live
stream on YouTube)



-Wednesday-
Holy Eucharist
6.00 p.m.



12 Step Meetings

Mondays

LGBTQ+ A.A.
(Parish House)

Wednesdays

A.A. for Women
(Parish House)

Thursdays

Al-Anon. at 7.00 p.m.
(Old Vestry Room)
A.A. at 7:00 pm
(Parish House)



Parish Staff

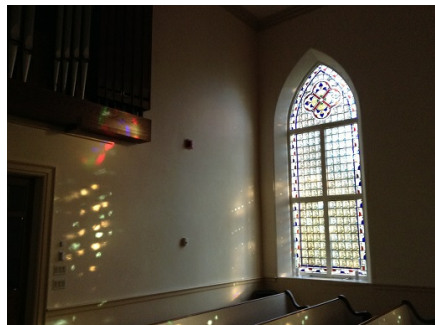
Susan Guse

Organist & Director of Choirs

KC Compton

Parish Administrator

Joan I Cassel



Financial Secretary

Randy Osolin
Verger

Gloria Contreras
Sexton



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