Church. Please remember to add st.andrew.kent@snet.net to your address book or let us know if you prefer not to receive email from us.

You may <u>unsubscribe</u> if you no longer wish to receive our emails.



St Andrew's Church 1 North Main Street Post Office Box 309 Kent, CT 06757

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Visit St Andrew's website at www.standrewskentct.org

The Episcopal Church in Connecticut <u>www.ctepiscopal.org</u>

Service Schedule

-Sunday-Holy Eucharist 8.30 a.m. & 10.30 a.m. Rite I at 8.30, First Sundays; Healing Service at 8.30, Third Sundays

> -Wednesday-Holy Eucharist 6.00 p.m.

-Friday-Prayer & Meditation 5.30 p.m.

> Holy Days as announced.

Calendar

Sunday, 31 March

This Week & Weekend at St Andrew's

Wednesday, 27 March Holy Eucharist for the Feast of the Annunciation (*transf.*) at 6.00 p.m. A.A. for Women at 7.00 p.m. (Great Room)

Thursday, 28 March A.A. at 7.30 a.m. (Parish House) **Parish Office open 10.00 a.m. - 2.00 p.m.** Strong Women, Strong Bones at 10.00 a.m. (Parish House) Al. Anon. at 7.00 p.m. (Vestry Room)

> Friday, 29 March Prayer & Meditation at 5.30 p.m.

Saturday, 30 March Choir Rehearsal at 9.30 a.m. (Choir Room)

Sunday, 31 March Lent IV Holy Eucharist at 8.30 a.m. Choir Rehearsal at 9.30 a.m. (Nave) Holy Eucharist at 10.30 a.m. Coffee & ... at 11.30 a.m. Dwelling in the Word at Noon (Library)

Tuesday, 2 April Parish Office open 10.00 a.m. - 2.00 p.m. Strong Women, Stong Bones at 10.00 a.m. (Parish House)

Wednesday, 3 April Holy Eucharist for Wednesday in Lent IV at 6.00 p.m. A.A. for Women at 7.00 p.m. (Great Room)

From the Rector

Dear Friends,

The Sunday that approaches, on the 31st, is the fourth Sunday of the Lenten season and goes by a number of names. We can

Dwelling in the Word at Noon (Library)

Monday, 1 April

St Andrew's Crafters 4.00 - 6.00 p.m. in the Parish House

Sunday, 7 April

Book Discussion at 9.30 a.m. (Library) Dwelling in the Word at Noon (Library) Music in the Nave at 4.00 p.m.

Saturday, 13 April Vestry Retreat (White Hart Inn)

Sunday, 14 April PALM SUNDAY Liturgy of the Palms & Holy Eucharist at 8.30 & 10.30 a.m.

Thursday, 18 April

MAUNDY THURSDAY Potluck Supper at 6.00 p.m. Liturgy of the Day & Stripping of the Altar at 7.30 p.m.

Friday, 19 April GOOD FRIDAY

Liturgy of the Day at Noon Sr Mary Lanning, Preacher Tenebrae at 7.30 p.m.

Saturday, 20 April HOLY SATURDAY

Adult Choir Rehearsal at 9.30 (Nave) Children's Choir Rehearsal at 10.00 (Choir Room) Easter Egg Coloring & Pizza Lunch (Parish House)

Sunday, 21 April EASTER Holy Eucharist with Hymns at 8.30 a.m.

> Holy Eucharist with Choirs at 10.30 a.m.

Egg Hunt, Reception in the Parish House at 11.45 a.m.

Twelve Step Groups

call it 'Mid-Lent Sunday', the half-way point between the beginning of Lent and its ending at sundown on Holy Saturday. It is also called 'Refreshment Sunday', because it became customary in some places momentarily to lighten the austerity of the season with roses at the altar instead of no flowers at all, and with rose-colored vestments instead the penitential purple ones. Thus yet another name for Lent IV is 'Rose Sunday'.

And, some people refer to it as *Laetare* Sunday, from the old Introit to the liturgy, *Laetamini cum Hierusalem, et exultate in ea omnes qui diligites eam* --'Rejoice with Jerusalem, and be glad for her, all you who love her' [Isaiah 66.10], in the triumphant concluding section of the prophecies of Isaiah where God promises comfort to those whom God's enemies have afflicted.

And Lent IV is often referred to as 'Mothering Sunday' because the Epistle traditionally appointed for the Mass included Galatians 4.26, which refers to 'the Jerusalem above; she is free, and she is our mother'. In some places Mothering Sunday became a day to visit the 'Mother Church' of the diocese, the cathedral, or to visit one's own mother: Lent IV is, in England, Mother's Day. And when one arrived at mother's door, there was a custom to present her with a light fruitcake (often including far-from-Lenten marzipan!), which is called a 'simnel cake'. The gift of food was important because the Gospel for the morning was Jesus' miraculous feeding of the multitude with five loaves and two fish [John 6.1-13] -one was emulating Jesus' bountifulness by providing a refreshing treat.

Hence Mid-Lent Sunday, and Refreshment Sunday, and Rose Sunday, and *Laetare Sunday*, and Mothering Sunday can also go by 'Simnel Sunday', legend having it that a Simon and a Nell fell to quarreling over whether to bake or boil the pudding (cake) that they planned to bring home to mother

Fruit cakes, roses, pink vestments Clearly Lent was a serious season; and, halfway through, it seemed necessary for everyone to have a bit of relaxation, some encouragement then to resume their fasts (whatever their fasts may be) until Easter finally arrived. A lot of people now observe Lent less stringently than many once did, but the need for encouragement is still there: it is always good to see light at the end of any tunnel

Faithfully, Roger+

One of the countless recipes for Simnel Cake: must be consumed before Lent IV ends!

<u>Cake</u> 6 oz butter 6 oz brown sugar 3 eggs 6 oz flour Pinch of salt ¹/₂ tsp allspice 12 oz mixed raisins, currants, golden raisins <u>Almond Paste</u> 9 oz superfine sugar 9 oz ground almonds 2 eggs 1 tsp almond extract Wednesdays 7:00 p.m. A.A. for Women (Great Room)

Thursdays A.A. at 7 .30 a.m. (Great Room) Al-Anon. at 7 .00 p.m. (Vestry Room)

Parish Staff

The Revd Roger B. White, Rector

Thomas W. Holcombe, Organist & Director of Choirs

Margie O'Brien, Director of the Children's Choir

Heather Scofield, Parish Administrator

Joan I. Cassel Financial Secretary

> Bill McLaren, Sexton

Randy Osolin, Verger 2 oz mixed candied orange & lemon peel, diced
¹/2 lemon, grated zest only
2 Tbsp apricot jam
1 beaten egg for glazing

Pre-heat oven to 2750.

1. Make the almond paste by putting the sugar and ground almonds into a bowl and adding just enough of the 2 beaten eggs to make a soft paste. Add the almond extract and knead until paste is smooth and pliable (1 minute). Roll out 1/3rd of the paste into a 7" round and reserve 2/3rds for the topping.

2. For the cake, cream the butter & sugar until pale and fluffy. Gradually beat in the 3 eggs. Sift together the flour, salt, and allspice in a separate bowl and then gradually combine into the butter mixture. Finally, stir in the fruit, peel, and lemon zest.

3. Grease a 7" round cake pan and put in ½ the batter, smoothing the top. Cover with the disc of almond paste, and then top the paste with the remaining batter. Smooth the top and with a slight dip in the center so that it will rise. Bake for 1 & ¾ hrs or until a skewer comes out clean. Cool completely.

4. Brush top with the apricot jam. Roll out ½ of the remaining almond paste into a 7" round and top the apricot layer with it. Roll the remaining paste into 11 little balls and set them around the edge of the cake. Brush the disc and the balls with the beaten egg.

5. Preheat the broiler to high, then slip the cake under the flames for 1-2 minutes, until the marzipan begins lightly to brown.

LENTEN DISCIPLINES

Once again this year we are inviting people to keep a mite box on a counter or a table and to use it for depositing loose change quarters only, pennies only, all of the change at the end of the day: the decision is up to you! And on Easter morning we ask you to return the mite boxes so that we can count the contents of all the boxes and then divide the proceeds equally between the Kent Community Fund and Bethania Kids, the Lutheran charity in southern India that takes in orphaned, abandoned, or unwanted children and cares for them, educates them, and prepares them to live on their own.

The mite boxes are available in the narthex, and please remember that they are a bit flimsy: it is best to re-enforce the bottoms with tape ...!

Also with the mite boxes there are booklets of daily meditations for each of the days of Lent and Passiontide, Ash Wednesday through Easter Eve. They are published by ERD --Episcopal Relief & Development-- and are fine companions on one's journey through Lent!

SUMMER CAMP at CAMP WASHINGTON

The summer camping season is not all that far away, and Camp Washington has published their calendar for 2019.

Children's Camp (ages 7 - 12) will be from 30 June - 7 July & from 4 - 16 August. The one-week camp costs \$575 and the two-week camp \$1300.

Mini Camps (ages 5 - 10) will be from 14 - 16 July & from 17 - 19 July for \$275. There will be a Mini Day Camp from 15 - 19 July for \$300.

Please visit the Camp's website for more information and to register: www.campwashington.org or call 860.567.9623.

A Prayer for Change

This prayer has been used several times since this summer at Eucharist and several of you have asked that we reprint it again. It was developed by The Women's Prayer Circle of St John's Church in North Guilford, as a reflection on the state of the world and how to bring God's love. Their hope is, as more people and churches use and share it, the prayer will create an energy that will be a force for loving change.

A Prayer for Change

Loving God, You have made the whole of human life in your image; each one of us shaped in love. Your goodness is ever-present within us all. But, there is so much evil and pain in our world, it comes at us from every direction. Teach us how to rediscover Your love within us, to use that love as a force for good. help us to turn our hearts toward the world in hope, Praying for each other, regarding each other as treasure. Join us all together in prayer, that we might be the light which darkness can never overcome; through Jesus Christ we pray. Amen.

The Homily from 24 March

Please click on the link below in order to hear or read the Rector's homily from 24 March

HOMILY for 24 March

The Lections this Week & Next

THE FOURTH SUNDAY in LENT

Laetare, the Rose Sunday in Lent 31 March 2019 Lent IV, Year C Joshua 5.9-12 Psalm 32 II Corinthians 5.16-21 Luke 15.1-3, 11b-32

There are no flowers at the altar during Lent, save on Lent IV, Laetare Sunday.

Volunteers for Coffee & ... after the 10.30 liturgy

Those who have signed up to provide light refreshments for Coffee & ... in the next few weeks are

> **31 March** Wes & Nancy O-Dea Wyrick

> > 7 April ???

Palm Sunday, 14 April ???

Easter, 21 April Everyone is invited to bring special finger foods for the Easter Party!

28 April ???

The Annual Reports for 2018

The Reports presented at the Annual Meeting on Sunday, 21 January, are available in hardcopy form in the narthex or in the Parish Office, and may be view online by clicking on Annual Report 2018

St Andrew's Crafters

With the Annual Christmas Bazaar fewer than six

months away, the St Andrew's Crafters will next meet on

Monday, 1 April in the Parish House

and will continue to meet on the First Monday of the month through November.

Needed by The Kent Food Bank

This month, The Kent Food Bank is especially in need of coffee, tea, sugar, nuts, hot & cold breakfast cereals, canned soups, canned or bottled fruit juices. Please remember that the Food Bank accepts pet foods as well!

Also: the Bank is interested its selections for personal care including supplies for adult incontinence, soaps, toothpastes, feminine products, etc.

Donations may be dropped off in the basket in the narthex, to the left of the doors. And please: do try to make certain that the 'Best by ...' dates are not past!

Announcements

The Book Discussion Group

... will next meet on Sunday, 7 April, at 9.30 a.m. in the Library in order to discuss Chapter 14 & 15 ('The Impact of Reform: Parishes' & 'The Impact of Reform: Wills') in Eamonn Duffy's remarable study of the Pre-Reformation Church in England, *The Stripping of the Altars: Traditional Religion in England, 1400 - 1580*. All are welcome!

A request from those who count the collection monies:

The counters ask us to help them by tagging our cheques so that they are certain as to how to receive them: as Pledge, as donations to the Capital Fund, donations to the Discretionary or Mission & Outreach Funds, etc.

Please remember that the loose offering on the first Sundays of the month

... is given to the Parish Discretionary Fund for those in any kind of need.

The Quality Thrift Shop

... at The First Congregational Church is very much an effort of the whole of our community to provide affordable clothing and household necessities to those who need them. Members of St Andrew's Parish and of Sacred Heart Church help out there, and more help is urgently needed! Whatever hours you can give will be appreciated, and so please call 860.927.3287 if you are able to assist!

Norfolk Library Art Show by Heather Scofield 'enLIGHTenment'

April 5-30 Opening with refreshments on Sunday, 7 April 4-6 p.m 9 Geenwoods Rd. E. Norfolk, CT 06058 (860) 542-5075

> At nearby Camp Washington 190 Kenyon Road, Lakeside 860.567.9623

SECOND SUNDAYS at Camp Washington at 4.30 p.m.

Guest clergy will offer a short program, followed by worship and then a simple meal, at Camp Washington on the second Sunday of the month. Those interested are asked to make reservations at 860.567.9623. Further information is available at campwashington.org

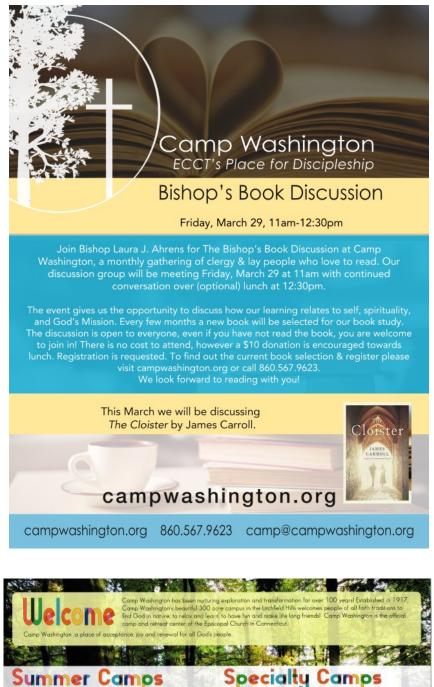
BISHOP'S BOOK DISCUSSION with Bishop Laura Ahrens with lunch to follow at 12.30 p.m

\$10 donation, registration requested via the Camp website. ALL WELCOME!!

You are invited to consult the Camp website for more information about the following events:

1 - 2 March Women's Yoga Retreat

8 - 10 March Spritual Retreat for High Schoolers





A Request from *FISH* 'Friends in Service Here'

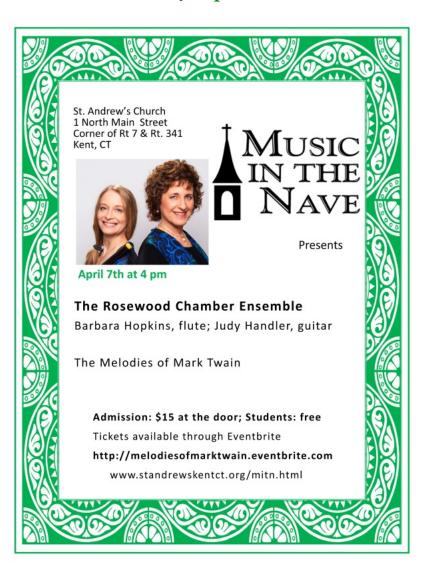
FISH provides rides for those needing to keep local medical appointments, local hair appointments, and to do local grocery shopping, and

VOLUNTEERS ARE VERY MUCH NEEDED, IN PARTICULAR DRIVERS!

Please call Edith Altvater (860.248.0316) if you can help!

Music in the Nave

Sunday, 7 April 4.00 p.m.



Pawling Concert Series

Friday, 12 April 8.00 p.m. Gardiner Theater Trinity-Pawling School 700 Route 22, Pawling, New York

Camerata RCO The Chamber Ensemble of the Royal Concertgebouw Orchestra of Amsterdam

Friday, 26 April 8.00 p.m. Hubbard Court in the Smith Field House Trinity-Pawling School 700 Route 22, Pawling, New York

Davina & The Vagabonds

A Coffee House-Style Concert of New Orleans charm, Memphis soul, tender Gospel moments, and Kurt Weill-like theatricality

\$30/\$15 students

www.pawlingconcertseries.org